



学校給食の献立と材料表

使用量(g)は中学年(3・4年生)の分量です。

※食材調達等の都合により、献立が変更になることがあります。 食物アレルギーに対応に影響がある場合は、別途対象者にお知らせします。

Table of school food menus and ingredients for dates 10/2 to 10/18. Includes columns for date, menu name, and a detailed list of ingredients with their quantities and allergen status.

Table of school food menus and ingredients for dates 10/19 to 10/31. Includes columns for date, menu name, and a detailed list of ingredients with their quantities and allergen status.

Informational text boxes for food education days (10/19 and 10/6) and an allergy notice (10/6). The allergy notice states '☆食物アレルギーはありませんか？☆' and provides advice on handling allergies.

Table titled '一食あたり平均栄養素量' (Average nutrient content per meal) listing nutrients like energy, protein, fat, and vitamins with their average values.

Advertisement for 'いっしょ' (Isshō) school support center, providing contact information and services for children's education.

Notice about school lunch fee payment: '学校給食費の納付期限は毎月28日です' (School lunch fee payment deadline is the 28th of each month).